

QE Health uses **Aspect Dr** for all our skin care treatments because it is a medical grade skin-care line which is driven by results.

**Skin Analysis Consultation** 30 mins \$50

Redeemable on the day for purchase of product or complimentary with any facial treatment.

**Gold Indulgence Facial** 30 mins \$80

Tailored intense hydrating 30min facial using Aspect Dr skin care.

**Gold Detox Facial** 60 mins \$120

Tailored, customised 1 hour facial treatment to treat all your main skin concerns by using Aspect Dr skin care.

**Microdermabrasion** 30 mins \$70  
Add onto a facial \$40

Deep exfoliation of the skin using suction and crystals to smooth out the skin surface and texture revealing a brighter skin.

**Epidermal Planing** 45 mins \$100

Dermaplaning treatment that removes vellus hair (peach fuzz) from face and neck to remove dead skin cells to reveal smooth, bright, glowing skin.

**LED Light Therapy**

30 mins \$70  
Add onto a facial \$30

Using the Opera mask of red and blue light, this is a non-invasive light therapy treatment for the skin. This energises the skin at a cellular level of the skin to help with different skin conditions. It is a great add on to any facial treatment with red light to help boost collagen production in the skin to give a firmer, more plumping skin and reduce visible lines and wrinkles.

Blue light helps with acne by inhibiting the production of excess oil and acne-causing bacteria, which then helps with reducing inflammation, redness and active acne lesions.

**Aspect Dr Peel** 60 mins with consult \$150  
30 mins follow up \$120

Lactobotanical peels are suitable for all skin types, especially those that are dry or dehydrated.

Formulated with the calming Canadian Willowherb extract, and starting at 20% lactic acid, this is the ideal option for those clients after anti-aging treatment or doing a series of a skin journey.

aspect  
DR™

**Collagen Induction** Face & Neck \$130  
Face, Neck & Décolletage \$180

This is a medical grade micro-needling treatment which oscillates the needles, creating micro channels that encourage the body's ability to repair itself, while stimulating collagen and elastin production to help plump, smooth and tighten the skin.

Effective treatment for uneven skin tone, visible signs of aging, scarring, larger pores and loose skin on the jawline and neck.

Minimal downtime for the most effective anti-aging treatment. This is a treatment you need a course to achieve results—minimum x 4 treatments—4 weeks apart.

**Facial Waxing**

Lip \$17 Lip and Chin \$28  
Chin \$15 Eye Brow Shape \$22

Pharo Sugaring wax is used for all waxing services at QE Health. It reduces the pain and redness created with waxing, and makes it super gentle for removing off sensitive skins.

"It's a game changer"



## CLINICAL SPA PRICES

Treatment                      Price \$                      Locals \$

### Clinical Massage

30 minute	\$79	\$59.25
1 hour	\$139	\$104.25

### Paraffin Wax

<b>Wax2</b> 2 hands or 2 feet	\$40	\$30
<b>Wax4</b> Both hands and both feet	\$60	\$45

### Mud Packs

1 x mud pack	\$60	\$45
2 x mud packs	\$100	\$75

<b>Mud Bath—Single</b>	\$100	\$75
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<b>Rachel Pools Monthly Pass</b>	\$45	
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#### Please Note:

- Payment is required prior to treatment.
- Appointments cancelled less than 24 hours before appointment time, will incur a fee.
- Fees are at August 2025 and are subject to change.

## CONTACT

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E: [spa@qehealth.co.nz](mailto:spa@qehealth.co.nz)

#### Hours:

Monday-Friday 8.00am – 7.30 pm  
Saturday 9.00am – 5.30 pm

Cultural support available on  
request.



## CLINICAL SKIN CARE

[Service Brochure]



**He Whare Atawhai**  
A place of kindness

*“Aotearoa’s centre for clinical health  
and wellness”*